

The Cog Hauler

December 2006
&
January 2007

Newsletter of the Carolina Tarwheels, an organization of cyclists in the Durham/Chapel Hill Area

President's Letter

This time last year, my letter reflected that I would be stepping down as President. Little did I know that the Board would ask that I serve one more year. It has been a hectic year for me with my new job and that meant that I had less time for riding and Club activities. Our elections are coming up in January and we are seeking candidates for President and Board Members. Libby Evans has graciously volunteered to again lead the search for candidates. Please contact her at uevans@email.unc.edu if you have any interest.

While I am leaving the Board of Directors after 4 years of service, I am planning to lead at least 6 weekend rides and will of course be involved in Bikefest in some capacity.

As one of my last official acts and with much pleasure I would like to announce how your Board of Directors has decided on how to donate \$8,000 this year. This represents the proceeds from Bikefest 2007 and unspent monies from last year's donations. We are arranging through local charities to donate \$3,800 to purchase bicycles and helmets for disadvantaged youths through the Durham County Social Services. The Carrboro Recyclery will be receiving \$1,500. Rails-to Trails will be receiving \$1,000 and Lew Day who buys and repairs bikes for The Boys and Girls Clubs will be given \$1,300. We will also be donating \$400 to Adventure Cycling.

I have enjoyed my tenure as President and have enjoyed working with all of the Board members these past four year. I hope to see everyone at the various Club functions that we sponsor throughout the year and at Bikefest 2007. I wish everyone a safe and happy holiday season. Jeff Charles.

16 January Meeting & Elections

The January Club Meeting "THE ELECTION MEETING" will be held at the Durham Golden Corral on Durham-Chapel Hill Blvd at 6PM on Thur. Jan 16th. This is the important meeting where we will be electing Officers and Board members for the coming year. Remember that at this meeting we will give you \$5.00 toward your dinner for all those with paid memberships (only one per family membership) This is also the meeting where awards will be given for outstanding servie.What a deal! Come out,

support your club, socialize and eat. Of course, I'll have jerseys, socks and map clips available. Questions? Call Sharon: day 493-5441 or eve 732-4866. Don't e-mail me unless there is plenty of time.

Chapel Hill Parade

Please join your fellow Carolina Tarwheels in the annual Chapel Hill/Carrboro Holiday Parade, to be held on Saturday, December 9th. This is a great opportunity to get some exposure in the community. Let's show Chapel Hill that a large mob of cyclists know how to ride in an orderly fashion on our city streets! (Except, if you can do any trick riding, that will be especially welcome. The kids love it!)

We are meeting at 9:00 a.m. in front of the Morehead Planetarium on Franklin Street, in the corner of the parking lot closest to downtown Chapel Hill. We don't yet know what position we will be in the parade, so we will meet in the parking lot and move to our correct position shortly after 9:00. If you arrive late, look for us amongst the parade participants.

Gaudily decorated bicycles are encouraged. As in the past, we are asked not to throw candy to children. I personally am going to bring some and pass it out, though. The kids love it, and it leaves a good impression. And what would a Holiday Parade be, without candy???

And don't forget, after the parade we are all invited to Maureen Kurtz's house for brunch. Maureen's is at 204 Davie Road, about 1/2 mile from the end of the parade. Brunch will start around noon. See you on the 9th! -Chuck

Parade info: Chuck @ 260-8037, ncveloman@nc.rr.com
Brunch info: Maureen @ 933-8417, m_kurtz@bellsouth.net

New Tarwheel Jersey is Here!

The new jerseys are in! I still have a good selection of the original design jerseys. Classic ones are \$55. New ones are \$60 each (our cost) I also still have the green socks and map clips at \$3.00 each. Jerseys and socks are always available at meetings or contact Sharon at: day 493-5441, eve 732-4866 or if you aren't in a hurry at sharonrogg@aol.com.
- Sharon Roggenback.

LAB Certification Course

Two League of American Bicyclists' bike education courses will be offered in Spartanburg, SC in January and March. On January 27th the ROAD I course is offered and on March 23 – 25, the League Cycling Instructor certification seminar will be taught. LCI seminars are highly sought after and are not often offered in the Carolinas, so this is a great opportunity to become certified instructors. ROAD I is a pre-requisite for LCI certification. Both courses have registration fees, but the money goes directly to pay the course instructors that the League hires. More info at <http://active-living.org/index.php?action=website-view&WebPageID=13033&WebSiteID=125> or email Jean Crow at jcrow@active-living.org .

Blue Urban Bikes in Chapel Hill

“Blue Urban Bikes” (a.k.a. “BUB”), a membership-based bicycle loan program in Chapel Hill/Carrboro, was created through a partnership of the ReCYCLERY and SURGE – Students United for a Responsible Global Environment. This program is designed to provide a reliable source of clean and affordable sustainable transportation to Chapel Hill/Carrboro residents and visitors, as well as offer a healthy travel alternative and allow citizens to take an active role in lessening the environmental footprint of our community.



Potential BUB users include Chapel Hill/Carrboro residents, UNC students and staff, commuters, transit and park & ride users, area tourists and visitors, as well as potential new bicycle commuters. The BUB membership cards are \$10 annually. Volunteer opportunities are also available. Check-out a blue bike for up to 24 hours at any of the BUB Hub location including the Skylight Exchange and 3Cups Coffeeshop. Additional BUB Hubs are planned. The program goal is to locate BUB Hubs along the Franklin Street/Main Street corridor from East Chapel Hill to the western edge of Carrboro.

Compared to similar programs around the country, the Chapel Hill BUB is unique because the blue bike fleet will be inspected daily by BUB Hub staff and monthly tune-ups by the ReCYCLERY, a refinement on the old “yellow bike” concept implemented throughout the US and Europe.

To learn more about the Blue Urban Bikes program, visit www.recyclery.info/blue_urban_bikes. To sign up for a

membership or show your support through a donation to the program, contact Alison Carpenter with SURGE at 919-960-6886 or alison@surgenetwork.org.

For Sale

Tarwheel Jerseys: A few old jerseys (vintage!) and lots of new jerseys (old design) are available! **Club Socks:** Cycling socks by DeFeet are here! S M L and XL @ \$6.00 a pair. The jerseys and socks are always available at the meetings or contact Sharon Roggenbuck: day 493-5441 or eve 732-4866 sharonrogg@aol.com

For Rent

New Member Benefit! Thule?Yakima Rack Bike Mounts. Do you own a Thule or Yakima rooftop bike rack system? Have you ever planned a great bike trip, and wished you had room for one more friend and their bike?

The Carolina Tarwheels Bicycle Club has solved your dilemma! The Club now has - for members only - two (2) Rocky Mount Lariat SL bike mounts (with locks) available for your use! This innovative product fits both Thule and Yakima systems, and installation is a breeze! Perfect for that special trip when you need an extra bike carrier or two!

You can reserve the Rocky Mount carrier by contacting Jeff Charles. As with our other equipment, the first 10 days are free, then \$1/day thereafter. A \$10 deposit is required.

Tarwheels Rentals - BOB Trailers & Bike Cases

One of the perks of Tarwheels' membership is the ability to borrow a BOB Trailer (tows large amounts of stuff behind a bicycle) or a bike case (we have 4). Members get 10 free days of use of either and then it's just \$1/day. A \$10 deposit is all that is required. Contact Jeff Charles (489-7753 or) to arrange your reservation in advance.

Contributing to the Coghauler

Due to an increase of spam to the coghauler at earthlink dot net email address, it is sometimes difficult to find all Coghauler contributions. To make this easier, please do the following:

Put “Coghauler newsletter” in the subject line
Send your contribution as either plain text, or as a MS Word attachment. Thanks! - *John Swartz*

Tarwheel Rides December 2006, January 2007

All rides are weather permitting. If it is raining or the temperature is below 45 degrees, do not expect the ride leader to appear. If in doubt, call the ride leader. Call the ride leader if you need directions to the starting location.

Participants are considered to be on private excursion and thus must agree to hold harmless the ride leaders, the Carolina Tarwheels, Inc., and its officers and agents for injury or loss that might occur as a result of taking part in these rides.

Helmets are required for all Tarwheel rides.

All cyclists are invited to participate in these rides. Riders must understand, though, that these rides are over public streets and highways and, thus, involve ordinary risk of accidents.

Times listed are departure times. Arrive early and be ready to go at the scheduled departure time.

For general ride information: for Durham and Raleigh, call John Crill (490-0500); for Chapel Hill and Carrboro, call Libby Evans (942-4260) or Chuck Tharp (644-2410).

Ride Leader Guidelines:

- Prepare a map and/or cue sheet and scout the route before the ride.
- Arrive early to welcome riders, make introductions and brief participants on the details of the ride.
- **Make sure all riders are wearing helmets, and have signed an LAB liability release for that ride.** A release form is available from any of the Ride Coordinators, or from the www.tarwheels.org website.
- Ride at advertised pace.
- "Lead from the rear" or appoint someone to "ride sweep." Please don't allow anyone to get "dropped" by themselves.
- If an accident occurs with injuries, please contact the Insurance Coordinator (Wendy Roberts) to fill out an accident report.

Ride classifications: A 18+ mph; B 16-18 mph; C 13-15 mph; D 10-12 mph

Directions to Ride Start Locations

The ride descriptions will have these ride start locations highlighted.

Carrboro Plaza - on NC 54 at the western edge of Carrboro. From I-40 exit 273, follow NC 54 West.

Cedar Falls Park - In northern Chapel Hill: from I-40 exit 266, take NC 86 (Airport Rd) south 0.6 mile to light at top of hill, turn left onto Weaver Dairy Road, continue east 1.6 mile. Cedar Falls Park is on the right.

Cole Park Plaza. On US 15-501 about five miles south of Chapel Hill.

ELG Signpost A subdivision sign located on Chestnut Ridge Road, 1/2 mile west of the intersection with Borland Road. Park alongside the road. This is in western Orange County.

Efland-Cheeks Elementary School - from I-40/85, take exit #160 for Efland, head north into Efland. Turn left on Forrest, which will then curve to the right. Turn left onto Rt. 70 and go about 1/2 mile. Turn right on Fuller, the school is directly ahead. Please park in a corner of the lot away from the school entrance.

Eubanks Road Park and Ride. From Exit 266 if I-40, go south on Airport Road (toward Chapel Hill). Turn right on Eubanks Road. Park and Ride will be on your right after about 1/2 mile.

Ford Road and Old Greensboro Road - Take the Jones Ferry Road exit from the NC 54 bypass around Chapel Hill. Turn left if you're coming from Durham/Raleigh, right if you're coming from the west. Go about 1 mile, then turn right onto Old Greensboro Road. Ford Road is ahead 4 miles, on the left. Park along the road. Please don't

stop/stand in the road, the locals have complained to the sheriff!

Friday Center - The Friday Center is located on NC 54, between I-40 and Chapel Hill. From I-40, take exit 273 toward Chapel Hill. After approx. 2 miles, look for the Friday Center sign and turn left. After 1/4 mile, the Friday Center will be on your right.

Greenwood Commons - On NC 55, about 1 mile south of NC 54 in Durham. From I-40 Exit 278, turn toward Apex. Greenwood Commons is ahead 1 mile on right.

Hillsborough Superior Courthouse. In downtown Hillsborough at the corner of Churton and Margaret Streets. From I-85 Exit 164, or I-40 exit 261, turn north toward Hillsborough. Courthouse is on right, 1.2 miles north of I-85. Park behind courthouse in parking lot off Margaret St.

Lake Crabtree County Park - Just off of Aviation Parkway exit of I-40 (exit 285). If coming from Durham or Chapel Hill, turn right at the end of the ramp. Lake Crabtree Park will be just ahead on the left.

Little River Elementary School. In Northern Durham off of Snow Hill Road. From Durham, take Roxboro Road north. Turn right on Old Oxford Road. Snow Hill Road branches left after another three miles.

Maple View Ice Cream Store - At the intersection of Dairyland Road and Rocky Ridge Road in Orange County. From Carrboro, take Old NC 86 (extension of Hillsborough Street) for about a mile outside of town. Turn left at the stoplight onto Dairyland Road. Ice cream store is 3.5 miles ahead on right, at the top of a hill. Park along Rocky Ridge Road across from the ice cream store. From Durham /Raleigh on I-40, take exit 263 (New Hope Church Rd),

turn left. After 3.5 miles, and just before the road turns to gravel, turn left on Rocky Ridge Road. Ice cream store is at intersection with Dairyland Road.

McDougle Middle School in Carrboro. From Carrboro Plaza, take Old Fayetteville Road north (toward the right, if you're coming from Chapel Hill). McDougle School is on the right after about ¼ mile. Be careful not to continue to McDougle Elementary School, just beyond the Middle School. Most rides leave from the south parking lot, the one closest to NC 54.

Orange County Superior Courthouse on Margaret St in Hillsborough. From I-40 Exit 261 and I-85 Exit 164, turn toward Hillsborough. At the edge of the downtown area, immediately after crossing over the Eno River, turn right on Margaret Street at the next traffic light. Then turn right into the large parking lot on the right.

St. Mary's Catholic School (formerly Kantnor School) at the corner of St. Mary's Rd and Pleasant Green Rd between Northern Durham and Hillsborough. From Durham, I-85 West, take exit 170 (US 70), then turn right at the stoplight onto Pleasant Green Road. After six miles, St. Mary's School is on the left just after crossing St. Mary's Road. From Hillsborough, traveling north on Churton St., turn right on King St, which will become St. Mary's Road after crossing Cameron St. After six miles, turn left onto Schley Road, school is just ahead on left.

Stoneridge Swim & Racquet Club Located at 6901 Turkey Farm Road, Chapel Hill. Turkey Farm Road is off Whitfield Road, about one mile east of NC 86, near I-40. From points east, take Exit 266 off I-40, go north on NC 86 for about 100 feet, turn right on Whitfield. Go almost one mile, take the second paved left onto Turkey Farm Rd. Go about .3 mile to parking lot on left.

Tarwheel Alley. From Exit 263 on I-40, turn right (if coming from Durham/Raleigh, left if coming from Hillsborough/Burlington). Take next right onto New Hope Trace Road. Park along road (but please do not block entrance to church.)

Umstead City Park in Chapel Hill is on Umstead Drive between Airport Road (Hwy 86) and Estes Drive Extension. This is a bit confusing since Estes Drive Extension, itself, intersects Airport Rd further north. The three roads form a "triangle" with Umstead Drive being the southern edge.

Union Grove Church (aka Union Grove United Methodist Church) is located on Union Grove Church Road. From Carrboro, take Hillsborough Street/Old NC 86 to Dairyland Road, turn left. Then after half a mile, turn right on Union Grove Church Road. The church is ahead three miles on the left. From Durham/Raleigh, take I-40 to exit 263, then turn left on New Hope Church Road. After 3 miles, turn left on Union Grove Church Road. Church is just ahead on the right.

Wilson Park in Carrboro - Wilson Park is located on Williams Street, just off of N. Greensboro Street in Carrboro. To get there: Take NC 54 bypass around Chapel Hill/Carrboro, then take the Merritt Mill/Smith Level Road exit. If coming from Raleigh or Durham, turn left on Merritt Mill then go right (north) on Greensboro Street towards Carrboro. Go through 3 stoplights, and turn right on Williams Street (the first right turn after the 3rd light at Estes Drive Extension). If coming from the west, turn left on Smith Level Road/Greensboro St. Go through 4 stoplights, and turn right on Williams Street.

Standing Rides

Tuesday Standing Ride A, Late Afternoon, 25 - 35 miles. Ride starts at Arcadia Cohousing in Carrboro. Details, dates, start location and last minute information about this ride can be found at www.ArcadiaCyclingCenter.com. This ride is for experienced cyclists who would like to ride in a pace-line format. A weekly ride update is sent out on the tarwheels-chat@tarwheels.org chat list and to members of the super-secret mailing list. You can request to be added or deleted from the "secret" list by contacting draketungston@bellsouth.net.

Wednesdays. A, B, C, 40 miles. 11:00 a.m. Join us for "The Wednesday Ride" at **Union Grove Church** and enjoy the camaraderie of a small group. Three distinct groups. Alan Schumacher leads the A-team, Alan Sieferheld leads the B group, and the C group. Different routes with Destinations rotating between Hillsborough, Efland, Saxapahaw and White Cross with usually one planned stop. Mileage may vary slightly depending on the group and the weather. Contact Ride leader Alan Schumacher solo@mebtel.net If you have any questions or want to be added to the ride email weekly updates.

B+ and A, Morning, 25 - 70 miles (seasonal). Ride starts at Wilson Park in Carrboro. Details, start time, location and last minute information about this ride can be found at www.ArcadiaCyclingCenter.com. This ride is for experienced cyclists who would like to ride in a pace-line format. There will usually be a ride leader who will support the B+ group which maintains an 18-19 mph average. To find out more about pace-lines, read www.tarwheels.org/pacelinev92.pdf. A weekly ride update is sent out on the tarwheels-chat@tarwheels.org chat list and to members of the super-secret mailing list. You can request to be added or deleted from the "secret" list by contacting draketungston@bellsouth.net. Please join us at Weaver Street Market for lunch after the ride.

Saturdays, C, 10:00 a.m., 40 miles. Ride starts from **Maple View Ice Cream Store** on Dairyland Road. Rest Stop in Saxapahaw. Note that this ride does not have a leader; all participants are expected to bring cue sheets and navigate the route themselves (or hook up with someone who does). The cue sheet is posted elsewhere in the Coghauler, and on the Tarwheels web site. Chuck Tharp (260-8037, ncveloman@nc.rr.com). (Always remember: if you want to bring a bunch of cue sheets, you can always preempt the default route with one of your own.)

Sundays, 11:00 a.m Training ride , Pace will vary and mileage varies between 35-40 miles. Rides start in December and go though last Sunday in March. I'm gonna try something a bit different this year. To start, we will be doing coffee shop rides at a slower off season pace. Then, we'll transition into more tempo rides. Finally, the pace picks up to an A pace with lots of sprinting/climbing/hill repeats. Start Location will be at the Churton Grove Food Lion, at the corner of HI 70 and St. Mary's road in Hillsborough. The ride has no guaranteed leader and no planned stops and will not be swept by ride leader. Cue sheets are available for the normal fee. As always, weather & spouse permitting. Contact Ride dictator Alan Schumacher solo@mebtel.net to be added to the Email list or info on up coming ride.

Scheduled Rides

Saturday, December 2

Weather dependent **C paced (14.0 to 15.5 mph)** ride (dry and over 48 degrees at start time) to begin from the boat ramp by Bell's Baptist Church (south of Martha's Chapel on Farrington road, about 1.5 miles north of 64) at 12:30 pm for approximately 35 miles. The ride may be longer if it is warm (which is doubtful for December). This will be a fun group decision no leave behind ride (if it is too cold, due to winds or clouds, the ride could be shorter... if it feels warm, the ride could be longer). RSVP necessary due to the ride being weather dependent. stayrose at mindspring dot com 493-5385

Sunday, December 3

B/C 10:00 a.m., 30 miles. Join Evan Wynmor (967-0288, ecwynmor@earthlink.net) at **Umstead Park in Chapel Hill** for my "Sunday Brunch Ride." We'll ride the usual fast downhills and slow uphill. The rest stop (Brunch) will be at Weaver Street Market with an easy 2 miles back to Umstead Park.

Saturday, December 9

Parade, 5 miles, 10:00 a.m.. Join the Tarwheels at the annual Chapel Hill/Carrboro Holiday Parade. We'd like to get a big turnout to show our colors in front of the

community. Let's be honest... How often will we be able to ride in front of thousands of adoring fans? Let's meet around 9:00 in front of the Morehead Planetarium on Franklin Street in Chapel Hill. Bike decorations are encouraged; if you have any sort of "trick bike" such as a Penny Farthing or recumbent, you are especially invited!

To make the day especially festive, Maureen Kurtz is having brunch after the parade at her house in Carrboro on Davie Rd, about 1/4 mile from where the parade ends at the corner of Fidelity and Main. RSVP not necessary, but contact me if you need directions to my house. There will be plenty of folks in the parade who know where I live.

Questions about the parade, contact Chuck Tharp (ncveloman@nc.rr.com) and questions about the brunch, contact Maureen at m_kurtz@bellsouth.net .

Sunday, December 10

C/C+, 10:30 a.m., 35 miles. Meet at **Tarwheel Alley** to venture out into Orange County with Marie Iannone. Questions? marie.a.iannone@gsk.com, 942-0257.

Saturday, December 16

C, 11:00 a.m., 25 miles. Chuck Tharp will be leaving from **Chatham Commons** Market in Pittsboro for a short ride around southern Chatham County. Contact info: ncveloman@nc.rr.com, 260-8037.

Sunday, December 17

1:30 p.m., Casual, lots of stops. Join Libby Evans (942-4260 evans@unc.edu) at the Carrboro parking lot next to the Trading Post to ride through Carrboro on our annual bicycle caroling ride. We will sing such standards as "Oh, Little Town of Chapel Hill," "Norman the Cyclist," "Cycling Wonderland," and more. We have several regular stops on our route: Clean Machine, Performance, and several houses in Carrboro. We are often invited in for food and/or drink at our stops. If you know someone in Carrboro who would like us to stop by, let Libby know. After the ride, we'll go somewhere for dinner. People who come on this ride always have lots of fun. Decorate yourself, decorate your bike, or come unadorned. Good singing voices are not required. (But singing is!) Just come and join the fun!

New Years Day, January 1

11:00, all paces. Wilson Park, Carrboro. Multiple distances of rides offered, most will be un-led. After the ride you are invited to my house for a chili lunch. RSVP not necessary. Directions to my house will be given at the ride start. If you don't intend to ride but would like to come for lunch, plan on showing up around 1 pm. Maureen Kurtz, m_kurtz@bellsouth.net.

Sunday, January 7

C+ 11 AM, ~30 miles. Meet Beth Gregory <gregory@4pi.com> at the shopping center at the intersection of Hwy 70 and St. Mary's Road. Since this is a new meeting place for Beth, the route has yet to be determined. Rumor has it that a good coffee shop is in the shopping center for warmth before and/or after the ride.

Saturday, January 13

C&B, 10:00 a.m., 53 miles. Don Belk (donaldrbelk@earthlink.net, 740-8354) returns to Hillsborough to celebrate 53 years of rockin' and rollin' by reprising his notable "Fairly Quiet Forty-Eight Miler" (+5 beautifully added bucolic miles). This ride traverses some of the most tranquil roads to be found in northern Orange County and environs. Rest stops are uncertain, so come prepared. This is a 'traditional' Tarwheels Ride - Don will provide cue sheets and lead from the rear. All paces 14 mph and up are welcome. Ride leaves promptly from the **Hillsborough Superior Courthouse** parking lot.

Saturday, January 20

Novice/New Member, 1:00 p.m. Meet at **Wilson Park** in Carrboro for a ride of about 14 miles (around 1-1/2 hours) in the countryside. Optional un-led 21-mile route also available. There may be some moderately busy roads to navigate getting in and out of town, and the route is moderately hilly. Please plan to come on this ride if you are already somewhat fit and can negotiate traffic. No one will be dropped. Make sure your tires are inflated, your helmet fits properly, and that your water bottle is full. Call first if you plan to bring children--note that this ride is not recommended for younger or inexperienced children. Leader: Maureen Kurtz (933-8417; m_kurtz@bellsouth.net).

Sunday, January 28

C, 1:00, 25-30 miles. Meet Libby Evans at **Ford Road** for an afternoon ride. The sun will be out (unless it's snowing) and warm at this hour. After the ride, join Libby at her house for tea and other hot drinks and a few snacks. (Directions to her house will be available at the ride.) If there's snow on the ground or it's too frigidly cold to ride, Libby will still hot drinks and snacks to anyone who wants to come by with a possible walk through the woods thrown in for good measure.

More cycling links

Want to keep informed about bicycling issues, and in touch with other bicyclists? Here are free email newsletters, and free email discussion groups that you can subscribe to:

<http://www.tarwheels.org/mailman/listinfo/tarwheels-chat>

An unmoderated chat list sponsored by our club, the Carolina Tarwheels.

<http://www.adventurecycling.org/bikebits/>

BikeBits, a biweekly email newsletter from Adventure Cycling featuring brief articles of interest to recreational cyclists, upcoming events, and bicycle industry news, plus organization information and special deals.

<http://www.bikeleague.org/members/e-newsletter.php>

BikeLeague News, a bimonthly "agenda for bicycling enthusiasts", from the League of American Bicyclists.

<http://groups.yahoo.com/group/NCBicyclistAdvocacy/>

A "forum for the constructive discussion of issues directly related to the advocacy of bicycling in North Carolina", sponsored by the North Carolina Coalition for Bicycle Driving.

<http://www.roadbikerider.com/newsletter.htm>

RoadBikeRider.com Newsletter produced almost every Thursday by RBR Publishing Company. E-mailed without cost or obligation to roadies around the world.

Contributing to the Coghauler

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Put "Coghauler newsletter" in the subject line. Send your contribution as either plain text, or as a MS Word attachment. Thanks! - *John Swartz*

CAROLINA TARWHEELS MEMBERSHIP APPLICATION

AND LEAGUE OF AMERICAN BICYCLISTS (LAB) RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

In consideration of being permitted to participate in any way in Carolina Tarwheels sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. Acknowledge, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) Bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death ("risks"); these Risks and dangers may be caused by my own action, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "releasees" named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the Activity.

3. Hereby release, discharge, and covenant not to sue the Club, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered on of the "Releasees" herein) From all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Mail application with payment to:

**Carolina Tarwheels
PO Box 111
Durham NC 27702**

Participant's Signature Date
(Signature of Parent or Guardian, if participant is under 18)

Name (Please print)

Address

Apt/PO Box #

City

State Zip

Phone (H): (_____) _____

(W): (_____) _____

E-mail Address

Type of membership:

Individual \$15 New

Family \$15 Renewal

Are you a LAB Member?: Yes No

I am interested in contributing to club activities:

Leading group rides

Helping with BikeFest

Contributing to Cog Hauler newsletter

Serving as Club Board Member

Serving as Club Officer

I would like to receive the Cog Hauler newsletter electronically instead of by postal mail. Yes No

I would like my contact information included in the Tarwheels annual membership directory. Yes No

Carolina Tarwheels Officers & Volunteers

Board Members 2006

Jeff Charles, president [jmc51 @ ix.netcom.com](mailto:jmc51@ix.netcom.com)
Paul Caldwell, secretary [paulcaldwell @ bellsouth.net](mailto:paulcaldwell@bellsouth.net)
Ken Dietel, treasurer [kdietel @mindspring.com](mailto:kdietel@mindspring.com)
Don Belk [donaldrbelk @ earthlink.net](mailto:donaldrbelk@earthlink.net)
Dave Doty [dbd010352 @ yahoo.com](mailto:dbd010352@yahoo.com)
Sharon Roggenbuck [sharonrogg @ aol.com](mailto:sharonrogg@aol.com)
Chuck Tharp [chucktharp @ bellsouth.net](mailto:chucktharp@bellsouth.net)
Candy Davies [candy_davies @ unc.edu](mailto:candy_davies@unc.edu)
Connie Winstead [cwinstead @ nc.rr.com](mailto:cwinstead@nc.rr.com)
Julie Tenney [tenne001 @ mc.duke.edu](mailto:tenne001@mc.duke.edu)
Richard Crandall [crandallrw @ yahoo.com](mailto:crandallrw@yahoo.com)

Membership

Richard Crandall, [crandallrw @ yahoo.com](mailto:crandallrw@yahoo.com)

Welcoming Committee

Don Belk, donaldrbelk @ earthlink.net, 732-1793

Publicity

Help, Help, Help! We are without a publicity chair. Please contact the board members if you can help!

Insurance Coordinator & Ride Waiver Collector

Wendy Roberts, athenarides @ hotmail.com

LAB positions

Dave Connelly: 544-6372 pedaling @ mindspring.com - local touring information
John Daly 477-6742 jtd515 @ aol.com - club representative
Don Belk 732-1793 [donaldrbelk @earthlink.net](mailto:donaldrbelk@earthlink.net) - government relations advocate

Ride Coordinators

Adrian Hands 832-5083 [AEH @ akc.org](mailto:AEH@akc.org)
Raleigh/Durham/Cary
Chuck Tharp 644-2410 ncveloman @ nc.rr.com Chapel Hill/
Carrboro/ Hillsborough
Libby Evans 942-4260 [evans @ unc.edu](mailto:evans@unc.edu) Chapel Hill/
Carrboro/ Hillsborough
Maureen Kurtz 933-8417 [m_kurtz @ bellsouth.net](mailto:m_kurtz@bellsouth.net) New
Member/ Beginner

Web Site

Dave Doty [dbd010352 at yahoo.com](mailto:dbd010352@yahoo.com)
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Newsletter Deadline: Jan 22, 2006

Email submissions to:
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or
John Swartz: johncswartz at earthlink.net
or
Coghauler @ earthlink.net (Put "Coghauler" in Subject line)
PO Box 111, Durham, NC 27702, Attn: Newsletter



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